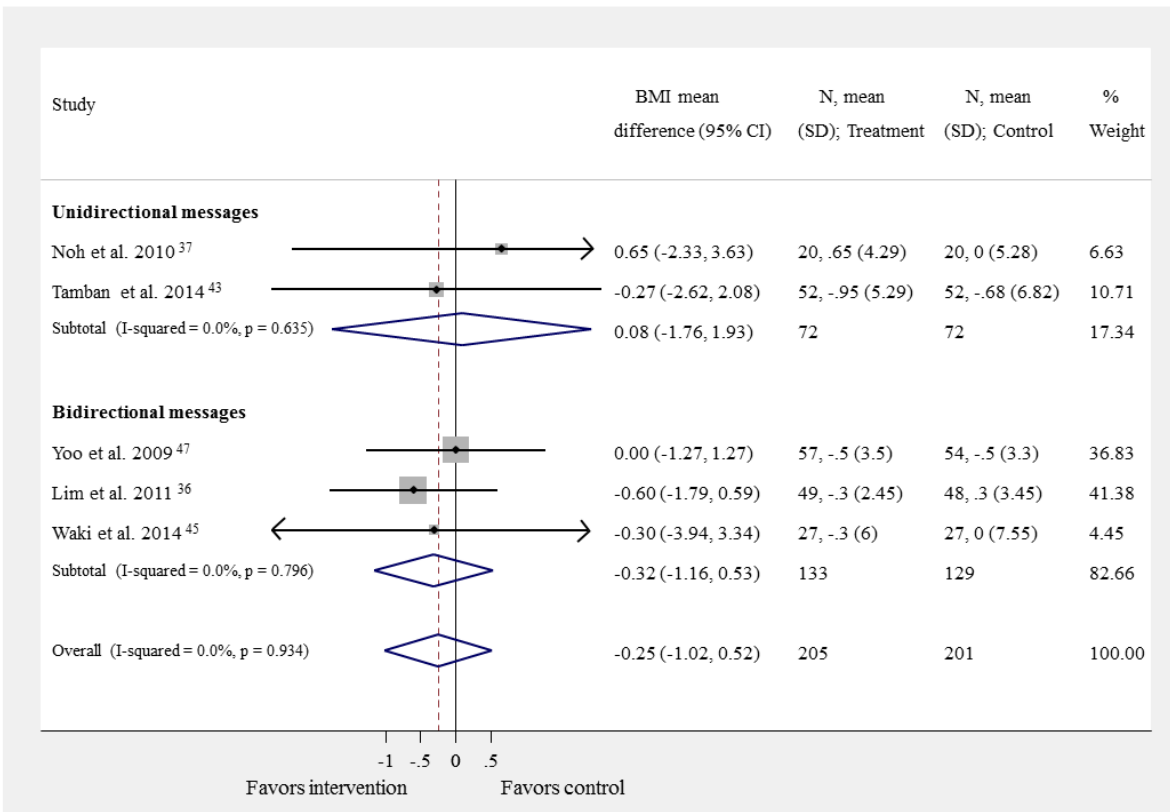


■ **Multimedia Appendix 7.** Weighted mean difference in size of effect of intervention compared with “no treatment” for body mass index.



BMI, body mass index; CI, confidence interval; N, number of participants; SD, standard deviation.